

****MEDIA RELEASE****

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TURN HEADS THIS SUMMER

Turn heads this Summer with the hottest hairstyles predicted by the TAFE Queensland South West hairdressing team.

If you can master sleek ponytails, messy buns, big waves and the ultimate casual do, you'll always look chic no matter how hot the day is.

Here are three super easy, low fuss styles you can try, with tips to take your look to the next level.

The High Pony

Got long or frizzy hair? Fight frizz like a warrior princess, or a model, by brushing gelled hair back into a high ponytail.

Try wrapping a section of hair around the base of your hair tie for an extra special finish.

If you're game, and be very, VERY careful doing this, trim the end of your ponytail to a blunt, even line (bonus: it will help manage split ends).

The Messy Bun

If you're running out of time, almost pull your ponytail all the way through on the last loop, but not quite.

The secret to maintaining the perfect messy bun is to stiffen the ends with hairspray. Then wrap it all up with black ribbon or a strip of leather for a bit of edge.

To add a bit of edge to a messy bun or up-do, try a braid on the underside of your head (this will take practice).

The Casual Look

Often you seem to have no time in the morning, so why not skip your morning shampoo and blowout routine (especially on extra-hot days)?

Just hit your roots with texture spray (or dry shampoo in a pinch), tease your hair a little bit and pull the front sections loosely back (think a half up half down ponytail or the ever popular bun).

For more information about TAFE Queensland South West's hairdressing and beauty offerings or for any other courses, please visit www.tafesouthwest.edu.au or call 1300 914 754.

Disclaimer: The comments provided in this article are general in nature only and are not a substitute for professional advice. The author accepts no responsibility for any action taken by a reader in relation to this article.

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Photos and captions

Images 1, 2, 20: Fight frizz like a warrior princess with a high, slick ponytail.

Images 4-5: The secret to maintaining the perfect messy bun is to stiffen the ends with hairspray.

Image 3: To add a bit of edge to a messy bun or up-do, try a braid on the underside of your head (this will take practice).

Images 15-19: Half up-half down dos are super quick and easy, simply tie back or add a plait.

Images 12-14: Add a braid and/or bun to your half up-half down do and rock the top Summer hair styles.

Images 7-11: For the perfect messy bun, sweep or slick your hair back into a ponytail, tease it a little (adding hair spray of course), secure with bobby pins and finish off with a quick spray to hold it all in place.

Image 6: TAFE Queensland South West hairdressing students from Toowoomba, Kelsie Mahon (seated) and Katie Hewison, demonstrate how to achieve a messy bun.

Photos are available here:

<https://www.dropbox.com/sh/iv157r6cm7fija8/AADmIUWfyCXjDqGZWX7jdVOpa?dl=0>

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